

CHOPRA CENTER UNIVERSITY: FREQUENTLY ASKED QUESTIONS

1. How do I enroll to become a Chopra Center Certified Instructor?

Review all prerequisites, requirements, dates, and fees for the certification course of interest. Complete and submit the application forms for the certification course. After submission of completed application forms, you will be informed of acceptance status by a program consultant.

2. What is the criteria for being accepted to a Chopra Center certification course?

Completion of application forms, commitment to a daily practice of Primordial Sound Meditation, Ayurvedic lifestyle techniques, and Seven Spiritual Laws of Yoga.

3. Is there a syllabus for each certification course?

Yes. It is recommended you read the syllabus for the certification course of interest to review and understand the level of commitment to a study schedule required to complete the certification course. The syllabus – available on www.chopra.com and by email upon request – outlines key points of curriculum, study materials, pre-tests, and final tests.

4. What is the time limit to complete the certification course after being accepted?

Students have up to 18 months to complete the certification course they are enrolled in. Applicable fees will apply if course is not completed within 18 months of enrollment.

5. What are the continuing education requirements?

Continuing education is required to maintain Chopra Center certification. Primordial Sound Meditation and Seven Spiritual Laws of Yoga instructors are required to attend the Seduction of Spirit or Seduction of Silence meditation retreats at least once every two years. Perfect Health instructors are required to attend the Journey into Healing workshop at least once every two years. Those residing outside of North America may participate in a comprehensive series of interactive web conferences (subject to a fee) in lieu of attendance.

6. What kind of support does Chopra Center University provide?

Chopra Center University provides assistance to students to help them successfully complete their certification. Assistance includes web conferences, blogs with other students, study tools, and regular access to Chopra Center University staff members. Certification week includes guidance on setting up personal and professional practices, marketing guidance, and business development processes. Once you graduate, our team provides you with monthly webinars, ongoing conference calls, and annual instructor meetings to help build community and reinforce best practices.

7. What does it mean to be a Chopra Center Certified Instructor?

As a member of the Chopra Center's global network of educators, you will be a touch point for our global community. Certification means that you have successfully fulfilled all criteria necessary to represent the teachings of the Chopra Center. You will receive regular continuing education, ongoing marketing support, and business guidance. As an independent instructor you have the freedom to teach anywhere in the world, creating a schedule that fits your personal needs and lifestyle.

8. What support is available to Chopra Center Certified Instructors?

The Chopra Center provides marketing materials, instructors' newsletters, and instructor web conferences. We also support you in promoting your classes, including listing you on the instructor referral pages on chopra.com. Discounts on Chopra Center events, services, and additional certification are available.