



## 2012 EVENTS

<b>JANUARY</b>	<b>14-15</b>	<b>MEDITATION WEEKEND</b>	La Costa Resort, Carlsbad, California
	<b>20-22</b>	<b>HEALING THE HEART</b>	La Costa Resort, Carlsbad, California
	<b>23-28</b>	<b>BALANCING THE BODY</b>	La Costa Resort, Carlsbad, California
<b>FEBRUARY</b>	<b>8-12</b>	<b>SYNCHRODESTINY</b>	La Costa Resort, Carlsbad, California
<b>MARCH</b>	<b>7-11</b>	<b>JOURNEY INTO HEALING</b>	La Costa Resort, Carlsbad, California
	<b>29-Apr 1</b>	<b>SUMMONING THE SACRED</b>	La Costa Resort, Carlsbad, California
<b>APRIL</b>	<b>22-28</b>	<b>SEDUCTION OF SPIRIT</b>	La Costa Resort, Carlsbad, California
<b>MAY</b>	<b>14-20</b>	<b>TEACHER TRAINING: Primordial Sound Meditation</b>	La Costa Resort, Carlsbad, California
	<b>18-20</b>	<b>A WEEKEND WITHIN</b>	La Costa Resort, Carlsbad, California
<b>JUNE</b>	<b>1-3</b>	<b>HEALING THE HEART</b>	La Costa Resort, Carlsbad, California
	<b>4-9</b>	<b>BALANCING THE BODY</b>	La Costa Resort, Carlsbad, California
	<b>18-24</b>	<b>TEACHER TRAINING: Perfect Health</b>	La Costa Resort, Carlsbad, California
	<b>23-24</b>	<b>MEDITATION WEEKEND</b>	La Costa Resort, Carlsbad, California
<b>JULY</b>	<b>9-15</b>	<b>SEDUCTION OF SPIRIT</b>	Eaglewood Resort, Chicago, Illinois
<b>AUGUST</b>	<b>4-5</b>	<b>MEDITATION WEEKEND</b>	La Costa Resort, Carlsbad, California
	<b>16-19</b>	<b>JOURNEY INTO HEALING</b>	La Costa Resort, Carlsbad, California
	<b>20-26</b>	<b>TEACHER TRAINING: Yoga IA</b>	La Costa Resort, Carlsbad, California
<b>SEPTEMBER</b>	<b>4-8</b>	<b>SILENT AWAKENINGS</b>	Asilomar Retreat Center, Monterey Bay, California
<b>OCTOBER</b>	<b>1-7</b>	<b>TEACHER TRAINING: Primordial Sound Meditation</b>	La Costa Resort, Carlsbad, California
	<b>6-7</b>	<b>MEDITATION WEEKEND</b>	La Costa Resort, Carlsbad, California
	<b>29-Nov 4</b>	<b>SEDUCTION OF SPIRIT</b>	La Costa Resort, Carlsbad, California
<b>NOVEMBER</b>	<b>12-18</b>	<b>TEACHER TRAINING: Yoga IB</b>	La Costa Resort, Carlsbad, California
	<b>29-Dec 2</b>	<b>SUMMONING THE SACRED</b>	La Costa Resort, Carlsbad, California
<b>DECEMBER</b>	<b>8-9</b>	<b>MEDITATION WEEKEND</b>	La Costa Resort, Carlsbad, California

## 2012 DATES

### JANUARY

9-18 (10-Day)  
30-Feb 4

### FEBRUARY

13-18  
20-25  
27-Mar 3 (Perfect Weight)

### MARCH

12-17  
19-24  
26-31

### APRIL

2-7  
9-14  
16-21  
30-May 5

### MAY

7-12  
21-30 (10-Day)

### JUNE

11-16  
25-30

### JULY

9-14  
23-28

### AUGUST

6-11  
27-Sept 5 (10-Day)

### SEPTEMBER

10-15  
17-22  
24-29

### OCTOBER

8-13  
15-20  
22-27

### NOVEMBER

5-14 (10-Day)  
26-Dec 1

### DECEMBER

3-8  
10-15  
17-22

All Perfect Health dates are 6-day programs, unless otherwise noted.

Please note that these dates include an additional day for *Primordial Sound Meditation* instruction. If you have already received your personal mantra and instruction, the event starts one day after the date listed above. (Does not apply to teacher training dates.)